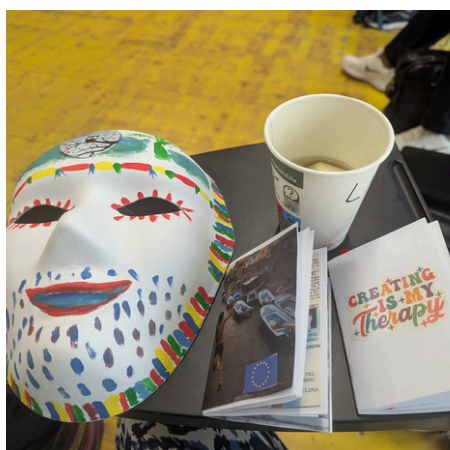




NEWSLETTER

TRUST ART-THERAPY

2024-1-BE01-KA220-ADU-000257527 ERASMUS PROJECT



The partnership



National University "Yuri
Kondratyuk Poltava Polytechnic"
from Ukraine.



Lekama Foundation
from Luxembourg.



Centre Neuro Psychiatrique Saint-
Martin from Belgium.



Fondazione Internazionale Don Luigi Di
Liegro, from Italy.



Greek Carers Network
EPIONI from Greece.



Associação Europlural Project
from Portugal.



Co-funded by the
European Union



Project meeting in Rome

On 16.06.2025, the partners had the opportunity to meet in person in Rome. After a warm welcome by Luigina Di Liegro, the teams reviewed the progress of the project's work packages (WPI to WP4) and discussed the organization of the upcoming workshops. In the evening, participants enjoyed a guided tour of central Rome followed by a relaxed welcome dinner—a moment to build connections and set the tone for the days ahead.



Learning activity in Rome

Day 1 – June 17 : Theatre Therapy & the “Gift of Hope”

The second day opened with a welcoming circle led by psychologist Lavinia Fagnani, introducing the facilitators and goals of the event. The focus was on theater therapy with the “Gift of Hope” workshop, delivered by Jessica Tosi (art therapist) and Roberto Baldassari (theater expert). Through storytelling and embodied expression, participants explored themes of trust, resilience, and collective healing. The day closed with a communal dinner—nourishing both body and spirit.

Day 2 – June 18 : Healing Through Sound

This day shifted to music therapy with expert Prof. Gianluca Taddei (psychologist, music therapist, and musician). In the morning, participants explored therapeutic soundscapes and the art of listening. The afternoon featured an improvisational music session titled “Musical Flow,” encouraging emotional release and creative freedom. The closing circle reflected a deepening sense of trust and shared purpose among participants.

Day 3 – June 19 : Expression, Reflection & Performance

On the final day, participants took part in an art therapy session called “Giving, Hoping, Dreaming,” followed by a group reflection in the closing circle. The afternoon was dedicated to evaluation and the creation of a project video, capturing the energy and outcomes of the week.

The highlight of the event was the evening performance “Hope on Stage” at Teatro de’ Servi, where participants showcased the work created during the theater and music workshops—a touching and powerful conclusion to four days of transformation.

Shared Art, Shared Healing

More than just a series of workshops, this gathering was a space for connection, expression, and healing—laying the foundation for long-term collaboration and solidarity.

The TRUST project reminds us that art can be a bridge and that healing is possible when we create together.



Learning Activity in Braga, Portugal

We are pleased to announce that the next TRUST Art Therapy learning activity will take place in Braga, Portugal.

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